

**IGWA // ILES GUADELOUPE AVENTURE**  
**TECHNICAL FILES**



From November 24<sup>th</sup> to December 1<sup>st</sup> 2007

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**TECHNICAL FILES**

# IGWA // TECHNICAL FILES

## THE EVENT :

### CONCEPT :

The **IGWA // ILES GUADELOUPE AVENTURE** is an Adventure and Discovery event of the Guadeloupean Territory and Identities. During a week, 30 teams will roam about through running, swimming, paddling, biking, discovering or seeking...The race will alternate between adventure-sport events deep inside the landscape and discovery events across towns and villages, so both to feel scents and flavours and to go to meet the inheritance and culture of the inhabitants, to discover the environment with ecology sections.

### PLACE :

The **IGWA // ILES GUADELOUPE AVENTURE** takes place in the heart of the Guadeloupe Islands Archipelago: Grande Terre and Basse Terre, Marie-Galante, Les Saintes and La Désirade. On each edition, 3 islands of the Guadeloupe Islands at least will be highlighted.

### SPORT AND DISCOVERY EVENTS :

**Adventure Stages** (as for example) :

Sailing, Mountaineering, Night sections, Funboarding, Snorkelling, Rope skills sections, Surfing, Canyoning, Sea Kayaking and/or Canoeing, Horse Riding...

**Epreuves Découverte** (as for example) :

Inheritance Orienteering Trail, Identity Rallye, Flavour Hunt, « Spirit » Event, Knowledge of Ecology ...

### TEAM COMPOSITION :

The organization cares of the teams from Paris and the registration fees are offered to all the selected teams. (Flight Paris-PAP, breakfast, diner, lodging, sports equipment...)

Two adventurers are making a crew. The team remains together from start to finish. All eventual assistance and inland travels are in charge of the Organization. One team member must be chosen as captain for whatever question dealing with the Organization. During the race, one team member at least must be able to cope with orienteering in natural environment.

Each team must fill in a selection file to be sent to the Organization. It must be completed by both the 2 team members so that the team selection can be made.

Only 30 teams could have the chance to take part of the race.

Teams will be selected according to their sport qualifications, their nationality, their skills in the different fields of the race as well as for their media potential (go to «Selections and Inscription part)

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## THE EVENT :

### RACE SEQUENCE:

The **IGWA // ILES GUADELOUPE AVENTURE** is thus a race unique in the world... During one week, the crews will live a real adventure race, but which will be strewn with sections ever carried out on a test of this type: Surfing, Golf, Parachuting, Funbording...

All these sports sections will be intersected with discovery sections, as for example an orienteering section in a place patrimonial, a test of "gustatory feelings" in the middle of a market... These courses must be carried out while going in a given time, thanks to a specific road-book which will be given to the crews to discover the Guadeloupe through its Culture - its Inheritance - its History - its creole language - its Savours - its products... etc.

This race adventure will revolutionize the universe of outdoor... To discover a territory through nature and environment, to carry out a real adventure race without forgetting the manhood and their history and their environment, here is the challenge of the **IGWA // ILES GUADELOUPE AVENTURE**.

In order to make the population taking part in the event, activities will be organized every day in the communes of arrivals. Indeed, some race sections will be adapted and opened to the inhabitants.

Every evening, a prizes ceremony will be organized in the commune of arrival, with handing-over of the "yellow jersey" to the team leading the general ranking. A ranking rewarding the best mixed team and the best inhabitant of Guadeloupe team will be also rewarded.

### LUNCHING - LODGING - TRANSFERTS :

#### ► Lunching :

- **Morning** : the breakfast is taken in the place of residence (lodging, hotel, room of host...) or taken jointly in a place of regrouping.
- **Daily** : Race food (energetic food) .Each team is responsible of its own food during each stage and for fall the stages. The organization undertaking water.
- **Night** : the dinner is taken jointly in a place of regrouping at the arrival for exemple or taken in the place of residence (lodging, hotel, room of host...)

► **Lodging** : For lodging: There also, several solutions according to the configuration of the race. Nights will have passed in definite places of residence (lodging, hotel, room of host...), and others will proceed in a spirit more adventure with bivouac in hammock or under the tent according to the configuration of the ground...

► **Tranferts** : The organization will undertake all transfers along the week for people and gear of each team.

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## RACE SEQUENCES (as for exemple)

### ► Saturday November 24th :

- Flight from Paris to Pole Caraibes international airport, landing in the afternoon.
- Transfer towards Pointe-à-Pitre, place de la Victoire. There, IGWA activities during the afternoon will allow people waiting teams presentation and IGWA2007 official opening ceremony.
  - \* Welcome reception with IGWA organization partners
  - \* Official teams presentation
  - \* Spécial secret skill event
  - \* Cocktail
- Transfer and night in lodge.

### ► Sunday november 25th :

- IGWA2007 official launching
- Discovering Identity Event in town
- Surf event
- Windsurf event
- Golf event
- SubMarine environmental event
  
- Laureate advantage event : Free fall parachuting for the 3 first teams on morning events
  
- Official arrival of the stage
- Results presentation and pricegiving ceremony with cocktail
  
- Night orienteering event
- Hammock bivouac on beach

### ► Monday november 26th :

- Coastering event
- Rope skill event
- Orienteering race
- Identity discovering event
- Ecology and Kayak event
- Cultural Identity discovering event in the city
  
- Official arrival of the stage
- Results presentation and pricegiving ceremony with Cocktail
  
- Night in lodge.

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# IGWA // DOSSIER TECHNIQUE

## PROFIL DE LA COURSE (à titre indicatif)

### ► Tuesday november 27th :

After seaboat trip a road discovering day on motorcycle with a lot of various events on different places:

- Cultural Identity discovering event in the city
- Coastering race
- Environnemental submarine events.
- Rope skills event
- Environnement and orienteering canoeing
- Cultural Identities discovering events
  
- Official arrival of the stage
- Results presentation and pricegiving ceremony with cocktail
  
- Night orienteering event
- Hammock bivouac on beach

### ► Wednesday november 28th :

- Trail race
- Canyoning event
- Environmental trekking in tropical forest
- Identity discovering event in the arrival city
  
- Official arrival of the stage
- Results presentation and pricegiving ceremony with cocktail and dinner
  
- Night in lodge

### ► Thursday november 29th :

- Trail in Guadeloupean mountains
- Cultural identity event
- Cultural Identity track
- Official arrival of the stage
- Results presentation and pricegiving ceremony with dinner

### ► Friday november 30th

- Seakayak events
- Cultural identity track events
- IGWA 2007 final official arrival
- Pricesgiving ceremony organised by « region Guadeloupe »
  
- Cocktail and dinner for the last evening of the **IGWA // ILES GUADELOUPE AVENTURE**

### ► Saturday December 1st :

- Free and restfull time in lodge.
- Transfer to the airport in the afternoon
- Flight to Paris in the evening

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## **RACE AND PROGRESS :**

The itineraries are thus kept secret and are only revealed to the teams each morning, just half an hour before the race is launched.

The **IGWA // ILES GUADELOUPE AVENTURE** is a series of race events, which length and difficulty are various.

Several supplying Points (ravitaillement)(PR) punctuate each itinerary of each stage, in order to offer to racers enough energy.

All itineraries have Check Points (CP) and Marker Points (CB) indicated in the IgwaBook. Their crossing is mandatory and has to be done in team.(the 2 membres together)

All along the race, competitors of each team have to keep close to each other, within voice distance and crossing waypoints stuck together according to the IGWABOOK indications. During the **IGWA // ILES GUADELOUPE AVENTURE**, one does not always progress on marked paths. The relief of the Guadeloupe Islands, the diversified environment you will encounter might create big gaps. To go back to a Check Point, there can be several itineraries.

The team makes his own choice of itinerary (way points) according to his individual capacities, and to skills in orienteering. Each team has to rely on a definite member able to decipher the traps of the guadeloupean relief, i.e to read maps and sometimes to orientate oneself with a compass and/or an altimeter so to open up the right way from the precious information given in the Igwabook.

## **ITINERARIES OF IDENTITY DISCOVERING EVENTS :**

Itineraries are kept secret until the very last time before start every morning.

**IGWA // ILES GUADELOUPE AVENTURE** is as well made with cultural identity events. There, as well, the two members are supposed to run stuck together and presenting all the events.

A special roadbook will give all indications to the teams about these events. Cultural identity events are not timed, it means teams have preinitialised time for each event. These events are localised most of the time in cities, teams are not allowed to go running. On all the way of IGWA, members of teams must stay together within voice distance and crossing every points together.

## **RANKING :**

About ranking, adventure skills and events are timed but not ones technically committed (as for examples canyoning and rope skills) ; in these cases time is stopped. Teams have preprogrammed time to do each completed event without overtaking it.

About discovering events, time as well is stopped, teams have a preprogrammed time to answer to each questions in order to gain points according their answers are good or not, points entered in the general accounts.

## **HEALTH :**

**IGWA // ILES GUADELOUPE AVENTURE** will be settled in tropical conditions with hot temperatures and wetness. Sweat, in these conditions, is different. It stays on skin without evaporating, closing the pores and get temperature higher.

Hydrating yourselves must be your priority. With energetic food you will risk urinal troubles.

This is the reason why you have to drink a lot and very often. On tracks the organisation will give you water on different and several supplying points.

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## PREPARATION

**IGWA // ILES GUADELOUPE AVENTURE**, is not only a sport-adventure and discovery competition, it is also a true invitation to a unique discovery of some Caribbean Islands.

To apprehend in the best possible way this Adventure Race of a new type, the organization of IGWA makes its best to advise and to help you in the preparation of this adventure, so to meet the needs of your team.

### **SERVICES OFFERED BY THE ORGANIZATION :**

We put at the disposal of all future participants several tools in order to help them as much as possible in their preparation. Our team is ready to meet with any of your inquiries, from Monday to Friday. By mail or by phone, acknowledgment will not take long...

Extensive information is provided through our web site, [www.igwa.net](http://www.igwa.net). This way, many documents can be directly loaded.

Several medium issues : Booklets, presentation file, technical file, special information notes, press releases... are also extended by email to the future participants in order to help them with the preparation of IGWA.

So, once you are selected to participate in the IGWA 2007, you will regularly receive technical information notes, last tidings on the preparation, the specificities about some of the stages, advices about the preparation, the race procedure of this fantastic race...

At last, our Communication service is at your disposal to help you to improve your participation in the IGWA. Our Press service is in permanent relationships with mass media and will operate with you on your regional and/or national media. Our TV production and photo production services can also provide your sponsors with all useful material.

### **THE SECURITY :**

Your security is our concern at all time. To offer you an adventure race where the risky points are "secured" is our top priority. Supervision by sea and mountain professionals, equipments and specialists to supervise and checking up canyons and rope sections (all technical points are pre-equipped whenever necessary, ropes included), regular race board to follow the progress of each team, medical assistance directly on the field... By all means, to bring risks under control is uppermost in our minds.

But beyond the technical organization of this adventure race, we do first rely on you so that the most effective security be insured all the time.

The participation in the **IGWA // ILES GUADELOUPE AVENTURE** requires to know many things: how to manage one's efforts on an event physically demanding, how to orientate oneself, how to smoothly handle difficult moments, how to eat depending on one's needs. It also requires to wear all the time the mandatory equipment, to manage by yourself in a team... being stated that everything is important.

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## SELECTIONS AND REGISTRATION

The race organization fully takes care of the selected teams from their departure from Paris until the week of competition **IGWA // ILES GUADELOUPE AVENTURE** is over.

The organisation will provide as well most of sport gear. Teams have to come with compulsory equipment (see joint listing)

Teams are supposed filling on precisely selection file because it depends on its quality the registration of the teams (thus the importance and the quality of the selection file).

All teams must fill in a selection file that must be submitted to the race organization before November 1st 2007, at the latest. It must be filled in by the 2 competitors entering the race.

The teams will be selected according to their sport skills, their nationality, their skills in the different fields of the race as well as their media potential. As stated above, the IGWA aims getting a very important media impact right from its very first edition, and is therefore leaning on the support brought by all the invited teams.

The media impact and/or promotional potential that a team can bring to support the objectives of the IGWA, is essential.

**IGWA // ILES GUADELOUPE AVENTURE** should soon stand out as the greatest adventure race, thus allowing the Guadeloupe Islands to get an exceptional media coverage and promotion.

In practice, on equal sport criteria, a team benefiting of broadcast support from one media or more, or a team sponsored by a tour-operator specialized in adventure and discovery sport-nature travels, will be selected prior any very strong team that does not offer a media and/or promotional potential.

Once the organisation will confirmed your registration, we'll send you :

- Your team number
- Various promotional supports (stickers, special suits to wear all along the week, badges)
- Your official notification
- Technical informations and advices :maps, race characteristics...

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# IGWA // DOSSIER TECHNIQUE

## EQUIPMENT

(Listing still in preparation)

Teams are allowed to carry in plane 25 kg per person. Because of logistic gear transfer in charge of the organisation, it asks to get just a backpack of 30 liters in order to put in it: personal gear, tent, individual equipment, energetic food for all stages... Teams are allowed to carry in plane 25 kg per person. Because of logistic gear transfer in charge of the organisation, we must limited your bag volume. We give you precisions soon.

The list below is first focused on the racer's security. Moreover, it takes into account a good many situations that the combination of environmental conditions in to Guadeloupe and scheduled events of the IGWA can create.

The relief, fields and vegetation are excessively different, the weather conditions are typical of these islands. The fact the race takes place in the above environment, day and night according to the schedule of events, has been greatly taken into consideration in the choice of the following mandatory list.

### 1. MANDATORY EQUIPMENT PER TEAM

- ▶ Satellite phone able to guadeloupe territories conditions (waiting for confirmation)
- ▶ Cellular phone able to Guadeloupe
- ▶ A compass
- ▶ An all-weather lighter (Bic type lighters and others are forbidden) or all weather matches
- ▶ A first Aid Kit
- ▶ A stove with its fuel
- ▶ Some dried food (we give quantity later)
- ▶ Tent (one for two or one for each)

### 2. MANDATORY EQUIPMENT PER COMPETITOR

- ▶ A backpack that can hold the different necessary equipment for each racer on the different race sections.
- ▶ A survival blanket
- ▶ Hammock very light to bivouack
- ▶ Inner Sleeping bag
- ▶ A whistle
- ▶ A survival mirror (beauty mirrors, and other forbidden)
- ▶ A head lamp
- ▶ A camelback (min 2 liter)
- ▶ A waterproof pocket or bag for all these equipments
- ▶ A breathable waterproof windproof jacket (wind breaker jackets type K-Way are forbidden).
- ▶ Swimming suit
- ▶ Canyoning equipment (waiting for confirmation)
- ▶ Rope skills gear (waiting for confirmation)

Don't forget as well : sun cream, sun glasses, cream or spray against mosquitos...

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